farm to TABLE
Nurturing Health, Equity and Food Resilience for Local Children

The program's commitment...
"Being able to provide more produce to people who I feel are left out of the food system and support local farmers."

A teacher's goal...
"The kids can eat something at school that they might not eat at home, and they can take it home to share it with their families."

A child's experience...
"They had so much fun digging up potatoes like they were buried treasure. Thank you!"

KNOWLEDGE
INCLUSION
HEALTH EQUITY
SHARING
COMMUNITY
SUSTAINABILITY

NUTRITION
Providing preschool-aged children quality early nutrition will help them with development and school-readiness

ACCESS
64 childcare centers and 58 farms join hands to help low-income children and their families gain more access to fresh, nutritious food

EDUCATION
F2T helps build resilience by providing children proper early nutrition education through various activities
farm to TABLE

Capturing the Benefits of A Regional Food System and Building Resilience

‘100% of our farm goods comes from Puget Sounds, specifically within 50-100 miles of Seattle’

Equity

F2T provides food for 3,000 children in low income households

Community

F2T program brings together 58 farms, 64 childcare centers and 3,000 children

Environment

A 10% increase in locally-sourced food could decrease CO2 emissions by 4,000+ kg in 1 school year

Economy

For every $1 WA farmers received, there was at least $1.70 in economic activity, and >7 jobs gained

Access

Adding 1 fruit option in school lunches can increase the number of fruit servings chosen by students by 9.3%
References

Childcare Infographic References

1. Aguilera, Diana, et al. "Farm to Table Design Project." 2020, drive.google.com/file/d/1VDRLpTYjhHJTYVM_HcPV05aH2EgGoKDO/view.

Government Infographic References

1. F2T (for regional definition, equity and community)
   a. (for environment fact)
   a. (for economy fact)
   a. (for access fact)