



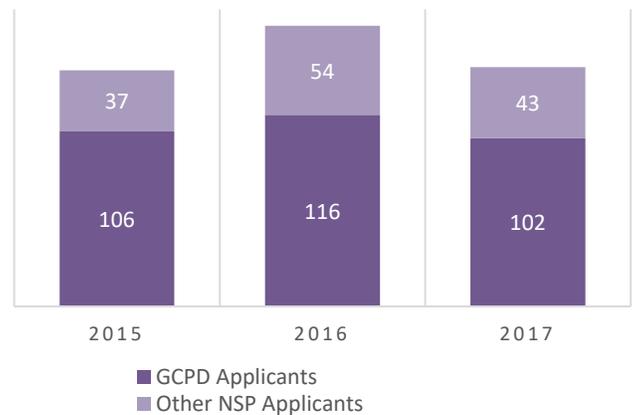
GRADUATE COORDINATED PROGRAM IN DIETETICS

2017 REPORT

PROGRAM DESCRIPTION

The Graduate Coordinated Program in Dietetics (GCPD) combines graduate studies (MS, MPH, or PhD) with an Academy of Nutrition and Dietetics (via ACEND) accredited internship that is required to become a Registered Dietitian Nutritionist (RD/RDN). We offer two concentrations, Public Health (PH) and Medical Nutrition Therapy (MNT). These align with our degree offerings, Master of Public Health (MPH) and Master of Sciences (MS), respectively. The program is two years in length. After degree completion, students are eligible to sit for the RD exam. Degrees are offered through the Nutritional Sciences Program within the UW School of Public Health.

GCPD Remains in High Demand



Program Stats

GCPD Director: Anne Lund, MPH, RDN

GCPD Student Services Coordinator: Lacey Henderson

Max Enrollment: 14 per cohort

Nutritional Sciences Program Degrees Offered: MS, MPH, PhD

Program Length: 2 years plus thesis or capstone for MS or MPH, research project dependent for PhD

RD Exam Pass-Rate: 100% successful one-year pass rate

See the GCPD Online for More Information:

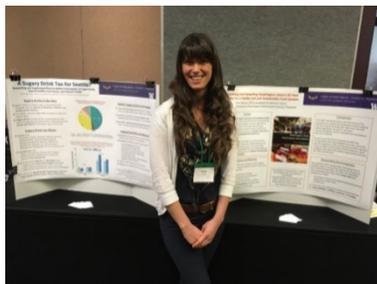
<http://depts.washington.edu/nutr/rd-training/graduate-coordinated-program-in-dietetics/>

2017 INTERN ACHIEVEMENTS



Commencement, August 2017

Public Health (PH) Concentration



Chris Benson

Project: Finalizing and Stewarding Washington State's 25-Year Vision for a Healthy, Just and Sustainable Food System, Site: Washington State Food Systems Roundtable

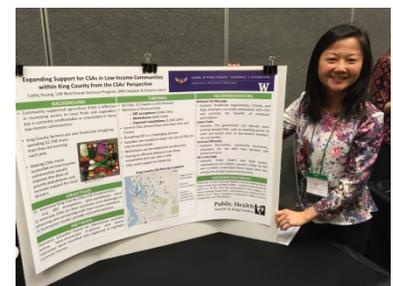
Thesis: A Qualitative Study of U.S. Food Waste Programs and Activities at the State and Local Level

Awards & Training Grants: Nutritional Sciences Top Scholar Award & School of Public Health Outstanding Master's Student Award

Cathy Huang

Project: Expanding Support for CSA's in Low-Income Communities within King County from the CSA's Perspective, Site: Public Health Seattle & King County

Thesis: Changes in Self-Efficacy and Outcome Expectations from Child Participation in Bicycle Trains for Commuting to and from School



Monica Lazarus

Project: Using the Healthy Food Pantry Assessment Tool to Implement Environmental Interventions at the Stanwood Camano Food Bank, Site: WSU Extension- Snohomish Co & Stanwood Camano Food Bank

Thesis: Examining Procurement Patterns, Nutrition & Cost of Meals Within WA Child Care Settings

Awards & Training Grants: Leadership Education for Neurodevelopmental Disorders (LEND) Trainee, Maternal Child Health Bureau Public Health Trainee & UW Beverly Winter-Eben Memorial Student Service Award

Lauren Mozer

Project: WA State's Health and Physical Education K-12 Learning Standards in Seattle Public High Schools, Site: Seattle Children's Hospital

Thesis: School Lunch Entree Components Before & After Implementation of the Healthy, Hunger-Free Kids Act of 2010: A Secondary Data Analysis

Awards & Training Grants: Leadership Education in Adolescent Health (LEAH) Fellow, Seattle Children's Hospital

Kimberly Polacek Ortiz

Project: Case Management Team Recommendations for Infants Transitioning from the NICU to Home with a Feeding Tube, Site: CHDD & Population Health Initiative – Transitional & Longitudinal Care, Seattle Children's Hospital

Thesis: Food Insecurity and Associations with Glucose Monitoring and Medication Self-Management among Adolescents and Young Adults with Type 1 Diabetes Mellitus

Awards & Training Grants: Pediatric Pulmonary Center Trainee

Lauren Rice

Project: Motivational Interviewing Training for Multidisciplinary Adolescent Healthcare Providers, Site: Seattle Children's Hospital

Thesis: A Qualitative Study on the Development and Adoption of the First State-Wide Comprehensive Food Service Guidelines for Improving the Health and Productivity of State Employees

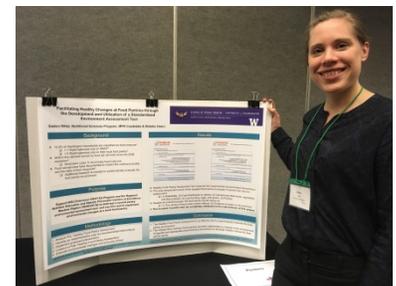
Awards & Training Grants: Carrie Cheney Memorial Student Leadership Award, Leadership Education in Adolescent Health (LEAH) Fellow, Seattle Children's Hospital

Gaelen Ritter

Project: Facilitating Healthy Changes at Food Pantries through the Development and Utilization of a Standardized Environment Assessment Tool, Site: WSU Extension- Snohomish Co. & Stanwood Camano Food Bank

Thesis: Farmers Market Use and Perceived Barriers to Farmers Market Access Among SNAP Recipients in Washington State

Awards & Training Grants: Nutritional Sciences Top Scholar Award

**Toi Sennhauser**

Project: Development and Production of "How Foods Affect Blood Sugar: A Guide for Iraqi and Syrian Patients with Diabetes" for EthnoMed, Site: EthnoMed Harborview Medical Center

Thesis: Exploration of Learning Goals and Learning Outcomes in Two Community Kitchens in Seattle

Amanda Spoden

Project: Body Positive Week on a College Campus, Site: Seattle Pacific University

Thesis: Seattle's Minimum Wage Ordinance did not affect Supermarket Food Prices by Processing Category

Awards & Training Grants: Mortar Board Alumni / Tolo Foundation's Betty Runstad Scholarship



Julian Whitford

Project: Active Aging Program Development: A Pike Market Senior Center and Pike Place Market Protection & Development Authority Collaboration, Site: Pike Market Senior Center

Thesis: Physical Activity and Subclinical Measures of Atherosclerosis: Study Replication and Sensitivity Analysis

Awards & Training Grants: UW Beverly Winter-Eben Student Service Award

Medical Nutrition Therapy (MNT) Concentration**Theresa Bergholz**

Project: Is Routinely Checking Gastric Residual Volume an Outdated Practice in the ICU Setting?

Site: Harborview Medical Center

Thesis: Characteristics of Bariatric Patients on Home Parenteral Nutrition

Awards & Training Grants: Academy of Nutrition and Dietetics Foundation Scholarship

Kelly Finan, MNT Concentration Project: Assessment & Treatment of Iron Deficiency without Anemia Among Female Collegiate Athletes, Site: University of Washington Sports Nutrition Program

Thesis: Player-Reported Fluid Intake and Measured Hydration Status in NCAA Division I Football Players During Fall Training Camp

Molly Haas, MNT Concentration Project: Dehydration and Nephrolithiasis in a 67-year-old Distance Runner: A Case Study on Medical Nutrition Therapy and the Transtheoretical Model, Site: Puget Sound Kidney Center

Thesis: Association of Whole Grain Intake with Diabetes and Subclinical CVD in the Multiethnic Study of Atherosclerosis: A Sensitivity Analysis

Awards & Training Grants: UW Carrie Cheney Memorial Student Leadership Award

2017 Outstanding Preceptor Award Recipients

- Debra Clancy, RD, CD *UW Outpatient Facilities*
- Alicia Dixon-Docter, MS, RDN, CD *LEAH Seattle Children's Hospital*
- Elizabeth Duroe, RD, CD, IBCLC *Public Health Seattle King County WIC*
- Allen Fitzpatrick, RD, CD *Public Health Seattle King County WIC*
- Zoe Freeman *Pike Market Senior Center*
- Bridget Igoe, MPH, RD *Department of Health*
- Melissa Montalto, MS, RD, CD, CDE *UW Medical Center*
- Seth Schromen-Wawrin, MUP *Public Health Seattle King County HEAL*
- Ema Thake, MS, RD, CSSD *UW Athletics*
- Kelsey Thomas, MS, RDN, CD *Emily Program*
- Harborview Medical Center Clinical Nutrition Preceptors

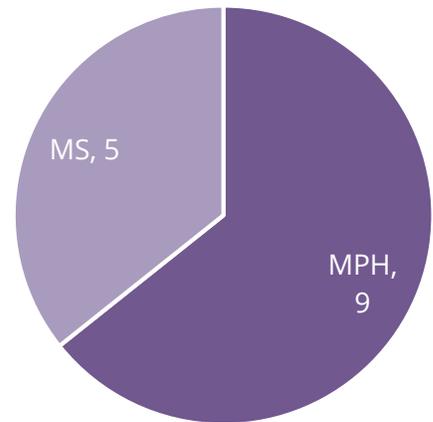
FUTURE COHORTS

2018 Interns (Enrolled Fall 2016)

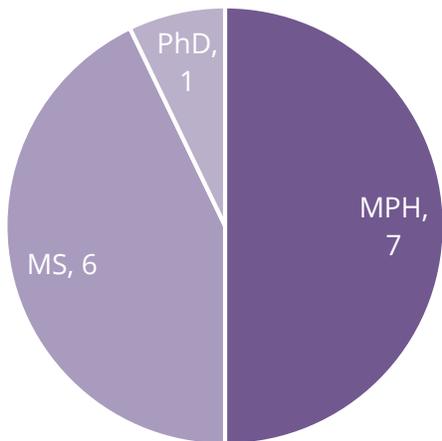
Previous Degrees & Institutions

Biology BS, *Oregon State University*
 Performance: Woodwinds BMUS, *Brigham Young University*
 Ballet Performance BFA, *University of Utah*
 Food Science and Human Nutrition-Dietetics BS, *University of Florida*
 Social Work BSW, *University of Wisconsin Milwaukee*
 Economics MA, *George Mason University*
 Biology BS: Cell & Molecular, *Western Washington University*
 Nutritional Sciences PhD, *University Illinois Urbana*
 Nutritional Sciences BS, *San Jose State University*
 Human Biology, Health & Society BS, *Cornell University*
 Nutritional Sciences- Dietetics BS, *University of California Berkley*
 Public Health BS, *University of Washington*
 Healthy Lifestyle Management BA, *Creighton University*
 Food and Nutrition-Dietetics BS, *Seattle Pacific University*

2018 Interns



2019 Interns



2019 Interns (Enrolled Fall 2017)

Previous Degrees & Institutions

Psychology BA, *University of California Santa Barbara*
 Anthropology BA, *Oregon State University*
 International Relations BA, *University of California Davis*
 Music Production and Engineering BA, *Berklee College of Music*
 Political Science BA, *Western Washington University*
 Psychology BA, *Boston University*
 Biology BS, *University of California San Diego*
 Nutritional Sciences BS, *Boston University*
 Food and Nutrition BS, *Montana State University*
 Nutrition MS, *University of California Davis*
 English BA, *University of California Berkley*
 Food Science & Nutrition BS, *Central Washington University*
 Kinesiology BS, *Western Washington University*
 Biology BA, *Scripps College*

NSP & GCPD UPDATES

The 2017 cohort was surveyed on their preferences for reducing the hours of supervised practice completed during the January-August Practice Experience (PE) period to accommodate the addition of PE hours in year 1 of the program. The results very much reflect our students' varying priorities, career goals and personalities. The class was equally split on keeping or removing the community rotation from the first summer. Most did not want to reduce the length of either inpatient clinical rotations or MNT/PH concentration. In general, they would prefer fewer PE hours per week (instead of fewer weeks of PE as we were proposing). In response to these results, students in the 2018 cohort will not be asked to attend internship sites on Wednesday mornings. Students will use this time to complete assignments and process their learning. They will continue to attend GCPD Seminar on campus on Wednesday afternoons where we hear from guest speakers and cover imperative topics such as Case Studies and Human Resources. We will be working with each site to ensure that this revised scheduled can be accommodated.

Anne Lund, the GCPD Director was awarded the 2017 Outstanding Dietitian of the Year by the Washington State Academy of Nutrition and Dietetics.

A capstone option was recently added as a culminating project option (in place of a thesis) for MPH, MPH/RD or MS/RD students. The MPH capstone option provides a structured opportunity to apply public health knowledge and skills to formulate a strategy to improve the nutritional health of a community or population; while the MS capstone option is designed to provide an advanced understanding of human nutrition that will allow students to address current and emerging challenges in dietetics practice.

Preparation for the NSP undergraduate major is underway, which is slated to launch in Fall 2019. Liz Kirk PhD RDN, senior lecturer, was hired as the **Associate Director of the Nutritional Sciences Program** and is leading the charge for developing the major. Liz has been with UW NSP for many years and we are excited to see her in this new role.

A new course requirement was recently added to the MPH and MS curriculum. HSERV 590 Special Topics: **Undoing Racism in Public Health** is required for all MPH, MS, and PhD students. This course is an introduction to and exploration of institutional and structural racism in a public health context. This workshop helps participants understand what racism is, how it functions, why it persists and how it can be undone. The workshop emphasizes history, leadership development, accountability to communities most impacted, networking, and the dynamics of internalized racial oppression and the role of organizational gate keeping.

New application requirements – Management in Nutritional Services is now a prerequisite for the GCPD. Additionally, those enrolling in the GCPD are required to complete ServSafe before starting the program.

ACEND UPDATES

The Accreditation Council for Education in Nutrition and Dietetics (ACEND) is the accrediting agency for dietetic education. By June 1, 2017 all programs were expected to come into compliance with ACEND's revised 2017 Accreditation Standards. GCPD program faculty and staff updated our Intern Activity Sheets, Evaluation Forms and curriculum to comply with the revised standards.

ACEND added the following KRDN (Knowledge Registered Dietitian Nutritionist) to be assessed in coursework:

KRDN 1.3 Apply critical thinking skills.

KRDN 3.5 Describe basic concepts of nutritional genomics.

ACEND added the following CRDNs (Competency Registered Dietitian Nutritionist) to be assessed in supervised practice:

CRDN 1.6 Incorporate critical-thinking skills in overall practice.

CRDN 2.15 Practice and/or role-play mentoring and precepting others.

CRDN 3.2 Conduct nutrition focused physical exams.

CRDN 4.10 Analyze risk in nutrition and dietetics practice.

ACEND now requires (Standard 8.d) that programs clarify any situations in their policies where affiliation agreements are not required (such as being a part of the program's organization).

In response, we are developing a policy and establishing Letters of Understanding with our UW affiliated training sites.

Learning acquired while serving as a preceptor for dietetics students in an ACEND accredited program may be awarded CPEUs. See <https://www.cdrnet.org/cpeu-credit-for-preceptors> for more information, or review page 3 in the Preceptor Handbook (found online at <http://depts.washington.edu/nutr/rd-training/preceptor-resources/>)

CRDN Student Learning Outcomes (SLO) Assessment Plan (Required Elements 6.1 and 6.2)

In the Student Learning Outcomes (SLO) Assessment Plan, programs are required to report on students' attainment of ACEND's competencies. Programs are expected to assess at least one SLO from each domain annually. The table below lists the ACEND competency (Column 1), the student learning objective for a GCPD designed activity (Column 2) and the 2017 cohort student data on achievement of the learning objective (Column 3). If a student's work does 'not meet expectations', feedback is provided on what part of the assignment must be redone and the student is given a timeframe for resubmitting the assignment. Students redo the activity until the entire portfolio is assessed as meeting expectations. The data below reflects that 100% of our students demonstrate attainment of each learning objective before graduating.

6.1 ACEND-Required Core Competency	Learning Objectives	Data on Achievement of Learning Outcomes
Domain 1 CRDN 1.1: Select indicators of program quality and/or customer service and measure achievement of objectives.	100% of students will satisfactorily select indicators of program quality and measure achievement of objectives	2017: 13/13, 100%
Domain 2 CRDN 2.2: Demonstrate professional writing skills in preparing professional communications.	100% of students will satisfactorily demonstrate professional writing skills in development of a scientific poster	2017: 13/13, 100%
Domain 3 CRDN 3.1: Perform the Nutrition Care Process and use standardized nutrition language for individuals, groups and populations of differing ages and health status, in a variety of settings.	100% of students will satisfactorily demonstrate attainment of the NCP.	2017: 13/13, 100%
Domain 4 CRDN 4.1: Participate in management of human resources.	100% of students will satisfactorily document their participation in human resources activities, i.e. hiring, evaluation, disciplinary activities as available.	2017: 13/13, 100%
PH concentration PH 1 Understand the political, economic, social and organizational contexts within which public health activities are conducted	100% of students will satisfactorily explain the political, economic, social and organizational contexts within which public health activities are conducted.	2017: not yet collected due to one student's medical leave
MNT concentration MNT 1 Demonstrate advanced depth of knowledge of evidenced based medical nutrition therapy in one practice area	100% of students will satisfactorily lead a journal club that demonstrate advanced depth of knowledge of evidenced based medical nutrition therapy in one practice area	2017: 3/3, 100%

Table: Excerpted of the GCPD Student Learning Outcomes (SLO) Assessment Plan