The Graduate Coordinated Program in Dietetics (GCPD) combines graduate studies (MS, MPH, or PhD) with an Academy of Nutrition and Dietetics (via ACEND) accredited internship that is required to become a Registered Dietitian Nutritionist (RD/RDN). This accelerated program can be completed in two years and offers students two concentrations, Public Health (PH) or Medical Nutrition Therapy (MNT). Housed within the School of Public Health's Nutritional Sciences Program, UW's GCPD fills an important public health nutrition training need as one of only a few dual-accredited (CEPH/ACEND) MPH RDN training programs in the country.

Commencement, August 2018

**PROGRAM STATS**

**GCPD Director:** Anne Lund, MPH, RDN  
**GCPD Student Services Coordinator:** Lacey Henderson  
**Max Enrollment:** 14 per cohort  
**Nutritional Sciences Program Degrees Offered:** MS, MPH, PhD  
**Program Length:** 2 years plus thesis or capstone for MS or MPH, research project dependent for PhD  
**RD Exam Pass-Rate:** 100% successful one-year pass rate  
**For More Information on the GCPD:** [http://nutr.uw.edu/rd-training/preceptor-resources/](http://nutr.uw.edu/rd-training/preceptor-resources/)
2018 INTERN ACHIEVEMENTS

MPH RD Graduates

**Annie Bradshaw**

**PH Practicum:** The Seattle Sugar-Sweetened Beverage Tax: A Case Study in Policy, Site: Childhood Obesity Prevention Coalition  
**Thesis:** Validating Smartphone- and Computer-based technologies with GPS for Activity Tracking  
**Awards & Training Grants:** Nutritional Sciences Beverly Winter-Eben Memorial Student Services Award Recipient

**Liz Gore**

**PH Practicum:** Food Insecurity Screening at Seattle Children's Adolescent Medicine Clinic: Current Methods and Recommendations, Site: Seattle Children's Hospital  
**Capstone:** Increasing Utilization of Community Supported Agriculture (CSA) Programs Among Low-Income King County Populations: Perspectives and Recommendations from Stakeholders  
**Awards & Training Grants:** Leadership Education in Adolescent Health (LEAH) Fellow through Seattle Children's Hospital

**Leilah Korbines**

**PH Practicum:** Assessing the Need for Nutrition Services with the Fetal Alcohol Syndrome Diagnostic and Prevention Network Clinic, Site: Center on Human Development and Disability  
**Capstone:** An Intervention to Promote Physical Activity Through Creation of Body-Size Inclusive Spaces

**Britt Myer**

**PH Practicum:** Increasing Participation in School Meals by Overcoming Parent Perceptions, Site: Seattle Public Schools  
**Thesis:** Dietary Intake of Overweight and Obese Men Diagnosed with Prostate Cancer Before and After a Lifestyle Intervention  
**Awards & Training Grants:** University of Washington Mortarboard Scholarship Recipient and the Maternal and Child Health Leadership traineeship

**Courtney Schupp**

**PH Practicum:** Identifying Gaps in Data for Food Assistance Program Eligibility and Participation in Washington State, Site: Anti-Hunger and Nutrition Coalition  
**Thesis:** An Evaluation of Current Lunchroom Food Waste and Potential Food Rescue Programs in a Washington State School District  
**Awards & Training Grants:** Nutritional Sciences Program Outstanding Graduate Student Award Recipient, and presented her research at the “Agriculture, Food, and Human Values Society” 2018 annual meeting in Madison, WI.

**Tracey Tran**

**PH Practicum:** Marketing Body Positivity to College-Age Students at Seattle Pacific University, Site: Seattle Pacific University  
**Thesis:** Compliance to a Prescribed Eating Frequency Protocol

**Sophia Wang**

**PH Practicum:** Applying a RE-AIM Framework to Curriculum Fidelity to Evaluate SNAP-Ed Direct Education in Washington State, Site: Washington State SNAP Education  
**Thesis:** Analysis of Child Undernutrition Intervention Priorities Among Nutrition Stakeholders from Multiple Low and Middle-Income Countries
Greg Wisont  
**PH Practicum:** Supplemental Nutrition Assistance Program (SNAP) Incentive Structures and Purchasing Patterns at Farmers Markets (FM), Site: Department of Health, HEAL  
**Thesis:** Differential Gene Transcription in Monocytes from Chronic Kidney Disease and Healthy Patients

Natalie Zimmer  
**PH Practicum:** Body Positive Week at Seattle Pacific University, Site: Seattle Pacific University  
**Capstone:** Development and Implementation of The Wellness Project for Sororities at The University of Washington

MS RD Graduates

**Holly Anderson**  
**Project:** Gut Intuition: A Curriculum Designed to Help Adolescents Develop a Healthy Relationship with Food Through Intuitive Eating, Site: Seattle Children's Hospital  
**Capstone:** Exploring and Expanding Resources for the Phenylketonuria (PKU) Population Through Community Survey and Recipe Testing with HowMuchPhe.org  
**Awards & Training Grants:** Leadership Education in Adolescent Health Fellow through Seattle Children's Hospital

**Emily Conner**  
**Project:** Clinical Case Presentation of Persistent Inflammatory, Immunosuppressed, Catabolic Syndrome (PICS), Site: Harborview Medical Center  
**Thesis:** Diet Quality and Circulating Sphingolipids: The Strong Heart Family Study  
**Awards & Training Grants:** Washington State Academy of Nutrition and Dietetics Outstanding Student Award Recipient

**Erin Phelps**  
**Project:** Updating Inpatient Blenderized Tube Feeding Policy at Seattle Children's Hospital, Site: Seattle Children's Hospital  
**Capstone:** Development of a Blenderized Tube Feeding Recipe for Inpatient Use at Seattle Children's Hospital  
**Awards & Training Grants:** University of Washington Mortarboard Scholarship Recipient and the Nutritional Sciences Program Carrie Cheney Memorial Student Leadership Award Recipient

**Katie Teller**  
**Project:** An Ileus for the Ages, Site: Harborview Medical Center  
**Thesis:** Parent Perceptions on a Walking School Bus Program among Low-Income Families: A Qualitative Study  
**Awards & Training Grants:** Presented her research at the Pediatric Academic Societies 2018 annual meeting in Toronto

**Kaitlyn Wright**  
**Project:** Developing a Guideline for the Use of Branched-Chain Amino Acids to Treat Hepatic Encephalopathy at UW Medical Center, Site: UW Medical Center  
**Capstone:** Pre-operative Weight Loss Requirements: are they Beneficial?
FUTURE COHORTS DEGREE TRACKS & PREVIOUS SCHOOLING

The UW SPH dietetics program actively seeks students from varied fields ranging from more traditional science and nutrition backgrounds to public health, international relations, journalism, marketing, and economics. These multidisciplinary perspectives lead to rich discussions in class and produce practitioners who can approach complex individual and population health challenges.

2019 Interns (Enrolled Fall 2017)

Previous Degrees & Institutions
Psychology BA, University of California Santa Barbara
Anthropology BA, Oregon State University
International Relations BA, University of California Davis
Music Production and Engineering BA, Berklee College of Music
Political Science BA, Western Washington University
Psychology BA, Boston University
Biology BS, University of California San Diego
Nutritional Sciences BS, Boston University
Food and Nutrition BS, Montana State University
Nutrition MS, University of California Davis
English BA, University of California Berkley
Food Science & Nutrition BS, Central Washington University
Kinesiology BS, Western Washington University
Biology BA, Scripps College

2020 Interns (Enrolled Fall 2018)

Previous Degrees & Institutions
Sociology, BA McGill University
Neuroscience & Behavioral Biology, BS Emory University
Anthropology, BA Franklin & Marshall College
Public Health Studies, BA Johns Hopkins University
International Development Studies, BA St. Mary’s University
Health Sciences, BS Furman University
Chemistry, BA St. Olaf College
Biology, BA University of California Santa Barbara
Journalism & Mass Communication, BA, UNC Chapel Hill
Physiology & Metabolism, BS University of CA Berkley
Economics, BA University of Washington
Psychology, BS University of Washington
Public Health, BA University of Washington
Psychology, BA Whitman College
2018 OUTSTANDING PRECEPTOR AWARD RECIPIENTS

Alicia Dixon-Docter, MS, RDN, CD UW LEAH / Adolescent Medicine, Seattle Children’s Hospital
Alyssa Auvinen, Healthy Eating Active Living Program (HEAL), Washington State Department of Health
Amy Ellings, MPH Healthy Eating Active Living Program (HEAL), Washington State Department of Health
Annika Garman, RDN, CD Harborview Medical Center
Cheryl Davis, RDN, CD, CNSC Seattle Children's Hospital
Eileen Chikamura, RDN, CD Columbia Public Health Center, Public Health – Seattle & King County
Elizabeth Kimball, MPH Healthy Eating Active Living Program (HEAL), Public Health – Seattle & King County
Julia Marnadi, RDN, CD University of Washington Medical Center
Liz Spiess, MS, RDN, CSO, CD University of Washington Medical Center
Marilyn Shelton, RDN, CD Harborview Medical Center
Maureen Chomko, RDN, CDE Neighborcare Health at Rainier Beach
Northwest Hospital & Medical Center Clinical Dietitians Northwest Hospital & Medical Center
Samantha Feczko, RDN, CD, CNSC University of Washington Medical Center
Shena Washburn, RDN, CD The Emily Program

NUTRITIONAL SCIENCES PROGRAM & GCPD UPDATES

Diversity in Dietetics Education
Anne Lund, the GCPD Program Director, is leading a workshop at the 8th International Critical Dietetics Conference in Montgomery, Alabama this fall to develop a diversity-focused dietetic education competency. This work will be submitted to ACEND for discussion during the upcoming review of the accreditation standards.

Student Profiles
In collaboration with the SPH Dean’s office, nutrition student and alumni profiles have been posted to our website. To learn what Chris (MPH RD, 2017) is now doing at DOH, what Francesca (MS RD, 2016) is doing back in Italy, or to meet next years’ interns, like Jenny (MS RD program, 2019 intern) who spent 6 years on active duty in the Navy, or Sam (MPH RD program, 2019 intern) who is hoping to blend research, education and clinical work to inform public health policy, see: http://nutr.uw.edu/student-alumni-profiles/

Increased Demand for Internship Sites
As new dietetic internships are being developed in our area, seeking opportunities to sustain and enhance the UW dietetic program's long-standing relationships with practice experience sites is becoming even more crucial.

Continuing Education Credits for Preceptors
Learning acquired while serving as a preceptor for dietetics students in an ACEND accredited program can count towards CPEUs. See https://www.cdrnet.org/cpeu-credit-for-preceptors for more information, or review the GCPD Preceptor Handbook (found online at http://depts.washington.edu/nutr/rd-training/preceptor-resources/)

Application Trends
Annually, approximately 100 applicants from across the country apply for our 14 slots. We received slightly fewer (7%) applications last year than in the previous year. Program directors across the country report that application numbers are decreasing. We suspect this is due to changes in the population of college-aged individuals which is not expected to rise again for at least five years. We will see if this holds true for our next admission cycle. Applications are due December 1.

Holistic Admissions Review
The Nutritional Sciences Program has adopted a holistic admissions process. Applications for graduate study in Nutritional Sciences are reviewed holistically and assessed by a faculty admissions committee. The committee considers each applicant's academic record, academic skills, relevant professional work and/or volunteer
experience, overcoming adversity or disadvantage in achieving educational goals, and motivation and fit with Nutritional Sciences. Only applicants accepted into the degree granting program are considered for admission by the GCPD.

**SPH MPH Curriculum Redesign**
The UW School of Public Health has convened a steering committee to reshape the MPH curriculum. The revised MPH will be an integrated research and practice degree that produces job-ready graduates equipped to tackle real-world problems. Graduates will be prepared to continue learning new skills throughout their careers. The details of this curriculum are still being planned. As one of only a handful of dual accredited MPH RDN training programs in the country, we are working closely with the steering committee, to ensure the changes work for our students. For more information, see: [http://sph.washington.edu/mph/curriculum.asp](http://sph.washington.edu/mph/curriculum.asp)

**New NSP Food Systems, Nutrition, and Health Undergraduate Major**
This interdisciplinary Bachelor of Arts degree exposes students to the complex intersections and relationships among food and culture, economics, the environment, labor, policy, population health, and social justice. The curriculum prepares students to understand how the various drivers and components of food systems can affect nutrition and health outcomes. Graduates will be prepared to address the impact of food systems on food and nutrition security and population health, on local, regional, and global scales. This new degree is not a feeder program into our graduated-level RDN training program as it does not include the hard science prerequisite coursework but does allow for many TA positions that help fund our graduate students. For more information, see: [http://nutr.uw.edu/undergraduate-study/](http://nutr.uw.edu/undergraduate-study/)

**New NSP Faculty**
Yona Sipos was hired in July 2018. Dr. Sipos works at the intersection of food systems, community engaged scholarship, sustainability, and equity. Her PhD in Integrated Studies in Land & Food Systems at the University of British Columbia investigated long-term partnerships critical for community food systems. She received her PhD in 2014 from University of British Columbia; MSc, 2005, University of British Columbia; BSc, 2001, University of Guelph. UW Courses: NUTR 302 Food Systems: Harvest to Health; NUTR 303 Food Systems: Individual to Population Health; NUTR 400/500 Nutrition Seminar; NUTR 493 Food Systems Capstone; NUTR 495 Undergraduate Internship.
ACEND UPDATES

The Accreditation Council for Education in Nutrition and Dietetics (ACEND) is the accrediting agency for dietetic education. By July 1, 2018 all programs were expected to adopt specific wording for some of their program goals and objectives. The GCPD goals and objectives have been revised to meet these requirements as follows:

GCDP Mission

The mission of the Graduate Coordinated Program in Dietetics (GCPD) is to develop competent entry-level registered dietitian nutritionists with a strong foundation in the applied science of nutrition and provide training to integrate research into practice, support leadership development and enable graduates to assume careers in dietetics.

GCPD Goals & Objectives

Goal 1: The program will prepare competent entry-level registered dietitian nutritionists who are able to apply evidenced based nutrition research to their practice in a variety of settings.

- At least 80% of program students complete program/degree requirements within 3 years (150% of the program length).
- 95% of program graduates take the CRD credentialing exam for dietitian nutritionists within 12 months of program completion.
- The program’s one-year pass rate (graduates who pass the registration exam within one year of first attempt) on the CDR credentialing exam for dietitian nutritionists is at least 80%.
- Of graduates who seek employment, 70% are employed in nutrition and dietetics or related fields within 12 months of graduation.
- Of employers who responded to a survey on program graduates in their first year of employment, 85% will rate them as above average in professional knowledge, skills, and problem solving as compared to other entry-level registered dietitian nutritionists.
- 90% of graduates will be confident in applying evidenced based nutrition research to their practice.

Goal 2: GCPD graduates will be prepared to assume leadership roles in nutrition, dietetics and public health.

- 95% of GCPD students will attend the Washington State Academy of Nutrition and Dietetics (WSAND) Annual Meeting at least once and a minimum of one other local dietetic professional meeting while in the program.
- 20% of graduates will hold elected or appointed positions in a nutrition or dietetic professional organization within 5 years of program completion.
- 40% of graduates will have presented or published on nutrition topics citing evidence-based research within one year of graduating.
CRDN Student Learning Outcomes (SLO) Assessment Plan
(Required Elements 6.1 and 6.2)

In the Student Learning Outcomes (SLO) Assessment Plan, programs are required to report on students’ attainment of ACEND’s competencies. Programs are expected to assess at least one SLO from each domain annually. The table below lists the ACEND competency (Column 1), the student learning objective for a GCPD designed activity (Column 2) and the 2018 cohort student data on achievement of the learning objective (Column 3). If a student’s work does ‘not meet expectations’, feedback is provided on what part of the assignment must be redone and the student is given a timeframe for resubmitting the assignment. Students redo the activity until the entire portfolio is assessed as meeting expectations. The data below reflects that 100% of our students demonstrate attainment of each learning objective before graduating.

<table>
<thead>
<tr>
<th>6.1 ACEND-Required Core Competency</th>
<th>Learning Objectives</th>
<th>Data on Achievement of Learning Outcomes</th>
</tr>
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<tbody>
<tr>
<td><strong>Domain 1</strong>&lt;br&gt;CRDN 1.2: Apply evidence based guidelines, systematic reviews and scientific literature.</td>
<td>100% of students will satisfactorily complete three research critiques pertinent to clinical service rotations.</td>
<td>2018: 14/14, 100%</td>
</tr>
<tr>
<td><strong>Domain 2</strong>&lt;br&gt;CRDN 2.3: Demonstrate active participation, teamwork and contributions in group settings.</td>
<td>100% of students will satisfactorily demonstrate activity participating in a group setting.</td>
<td>2018: 14/14, 100%</td>
</tr>
<tr>
<td><strong>Domain 3</strong>&lt;br&gt;CRDN 3.2: Conduct nutrition focused physical assessment.</td>
<td>100% of students will satisfactorily conduct nutrition focused physical assessment.</td>
<td>2018: 14/14, 100%</td>
</tr>
<tr>
<td><strong>Domain 4</strong>&lt;br&gt;CRDN 4.3: Conduct clinical and customer service quality management activities.</td>
<td>100% of students will satisfactorily complete a management project addressing clinical or customer service quality.</td>
<td>2018: 14/14, 100%</td>
</tr>
<tr>
<td><strong>Public Health Concentration</strong>&lt;br&gt;PH 2: Apply public health problem-solving skills, utilizing elements of the three core functions of public health (assessment, policy development, and assurance), to address a population-level nutrition problem.</td>
<td>100% of students will satisfactorily develop a project and plan the strategy for implementation.</td>
<td>2018: 9/9, 100%</td>
</tr>
<tr>
<td><strong>Medical Nutrition Therapy Concentration</strong>&lt;br&gt;MNT 2: Prepare a case study report that demonstrates advanced application of evidence based medical nutrition therapy.</td>
<td>100% of students will satisfactorily write a case study report (format as appropriate for publication in a peer reviewed journal) on a patient that demonstrated application of the MNT.</td>
<td>2018: 5/5, 100%</td>
</tr>
</tbody>
</table>

*Table: Extracted from the GCPD Student Learning Outcomes (SLO) Assessment Plan*