Did you know?

- Almost all ears of corn have an even number of rows.[1]
- Ripe cranberries will bounce like a rubber ball. [2]
- One handful of soil has more living organisms in it than there are people on earth. [3]
- Washington state has nearly 40,000 farms producing 300 different products. [4]
- Washington state is the #1 producer of apples, which are part of the rose family. [5]
- Chickens can make over 200 different sounds to communicate with each other. [6]

King County Statistics

- Less than 1/3 of students in King County eat the recommended servings of fruits and vegetables per day. [7]
- Only 26% of King County youth achieve the recommended amount of daily physical activity. [7]
- Youth of color face more negative health outcomes than those in other groups. [7]

Sources


Want to learn more?

Farm and Garden Camps for Kids!

Locations:
Good Shepherd Center, Children's Garden and Rainier Beach Urban Farm and Wetlands

Go to www.tilthalliance.org for more info!

Where's Our Food?

A Guide to CSA Programs and BIPOC-run Farms near Seattle

School of Public Health
University of Washington

Developed by
Taya DeLong, Madeline Keegan, Kimmy Kim, Alaina Matsuda, Adrian Rodriguez and David Telix
Farms in the Seattle Area
1. Alki Farms
2. Sweet Hollow Farms
3. Nabi Farm
4. Kamayan Farm
5. The Bellevue Urban Garden (TBUG)
6. Jon the Farmer
7. Herban Farm
8. UW Farm
9. Danny Woo Community Garden
10. Yes Farm — Black Farmer's Coll.
11. Clean Greens Farm and Market
12. Pacific Coast Harvest
13. Nurturing Roots
14. Fruteria Sandoval
15. Lee's Fresh Produce
16. Queen Anne Farmers Market
17. Pike Place Market
18. Farmstand Local Foods
19. Rainier Beach Urban Farm and Wetland
20. Skyway Farmers Market
21. University District Farmers Market
22. Lake City Farmers Market
23. Juanita Friday Market

Farms outside of Seattle
(online version only)
- Local Color Farm and Fiber
- Ayeko Farm
- De La Mesa Farm
- Lesedi Farm
- Pure Nelida Organic Produce
- Farias Farm
- Amador Farms
- Alvarez Organic Farm
- Baby Chavs
- Sky Island Farm

Use this QR code to visit the online version of the map and get more info about the farms!