

WHAT YOU CAN DO

- Find, call, and chat with people from other organizations
- Share the experience related to food justice
- Fighting for equal opportunity
- Supporting increased access to nutritious, affordable, and culturally appropriate food
- Advocating for labor justice
- Championing food education

THE MISSION

The first step is establishing reliable access to culturally relevant, nutritionally adequate food, as a method to help achieve **social justice**. YouthCare can use these principles to **empower** homeless youth. Implementing education programs, incorporating food justice into their operations, and encouraging others to do the same will further support efforts to achieve social justice. This will also open up avenues of **collaboration** between homeless youth and YouthCare. Food justice will strengthen the **safety** of their environment, and establish YouthCare as an organization that homeless youth can trust. Investing in food justice is a means of investing in the future of homeless youth.



Food Justice

FOOD JUSTICE IS
SOCIAL JUSTICE

UW FOOD SYSTEMS CAPSTONE
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WHAT IS FOOD JUSTICE?

Everyone having access to nutritious, culturally appropriate food.

Fair wages & working conditions and dignity for everyone involved in food production.



Improve the quality of the natural environment, rather than diminish it.

Democratic rather than corporate control of the food system at all levels.

FOOD JUSTICE = SOCIAL JUSTICE

Establish a more accessible and equitable food system for all.

Provide awareness and education that advocated for equal opportunity.

Addresses burdens of environmental barriers that affect individual unequal access such as right to food, ethical labor and land while maintaining public health



ACCOUNTABILITY & IMPACTS

- A new Food Budget Template has been created to track the types of foods purchased, In addition to where the food is being purchased to allow for appropriate sourcing
- Everybody within the Orion Center is involved when instilling food justice as a value
- With these resources in mind - take the time to speak with others and set accountability measures & goals within the realm of food justice for yourself and the team
- When food justice is a value...
 - there is an increase in food security and food access (McClintock et al., 2017)
 - youth feel empowered and have the opportunity to make healthier, more culturally relevant decisions involving food