

**FOOD SYSTEMS, NUTRITION & HEALTH MAJOR  
 SAMPLE COURSE PLAN**

*This sample 4-year plan provides a framework for you to reference as you create your own academic plan.*

**YEAR 1**

AUT	WIN	SPR	SUM
<b>**NUTR 200 - 4 NSc</b>	<b>ENGL 131 - 5 C</b>	<b>BIOL 118 - 5 NSc</b>	
<b>A&amp;H - 5</b>	<b>Breadth - 5</b>	<b>DIVERSITY - 5</b>	
<b>AOI - 5</b>	<b>SSc - 5</b>	<b>AOI - 5</b>	
<b>GEN ST 197 - 1</b>			
15	15	15	

**YEAR 2**

AUT	WIN	SPR	SUM
<b>CHEM 120 - 5 NSc</b>	<b>BIOST 310 - 4 RSN</b>	<b>ECON 200 - 5 SSc</b>	
<b>WRITING - 5</b>	<b>Breadth - 5</b>	<b>ELECTIVE - 5</b>	
<b>AOI - 5</b>	<b>SSc - 5</b>	<b>NSc - 5</b>	
<b>APPLY TO MAJOR</b>	<b>SEMINAR - 1</b>		
15	15	15	

**YEAR 3**

AUT	WIN	SPR	SUM
<b>**NUTR 302 - 5 SSc/NSc</b>	<b>NUTR 202 - 5 RSN/NSc</b>	<b>**NUTR 303 - 5 SSc/NSc</b>	
<b>A&amp;H - 5</b>	<b>AOI - 5</b>	<b>AOI - 5</b>	
<b>ELECTIVE - 5</b>	<b>ELECTIVE - 5</b>	<b>MAJOR ELECTIVE - 5</b>	
15	15	15	

**YEAR 4**

AUT	WIN	SPR	SUM
<b>**NUTR 402 - 5</b>	<b>**NUTR 412 - 5 SSc, W</b>	<b>**NUTR 493 - 6</b>	
<b>MAJOR ELECTIVE - 5</b>	<b>MAJOR ELECTIVE - 5</b>	<b>MAJOR ELECTIVE - 5</b>	
<b>ELECTIVE - 5</b>	<b>ELECTIVE - 5</b>	<b>ELECTIVE - 4</b>	
15	15	15	

In addition to major requirements, students complete general education, basic skills, and areas of inquiry for the School of Public Health. These 84 credits may overlap with major requirements.

**General Education & Basic Skills**

Composition (C), with a minimum 2.0 *5 credits*  
 Additional Writing (W) *10 credits*  
 Reasoning RSN *4-5 credits*  
 Diversity DIV *3 credits*  
 Foreign Language *None\**

**Areas of Inquiry (AOI)**

Arts & Humanities A&H *10 credits*  
 Social Sciences SSc *10 credits*  
 Natural Science NSc *20 credits*  
 Additional AOI *25 credits*

\* SPH students may use first-year language courses for A&H if they complete the third-quarter course.

\*\* Core -all Food Systems majors must take these courses