FSNH MAJOR INTERNSHIP APPLICATION

**NUTR 495**

# Instructions

* This course is **only** for students enrolled in the Food Systems, Nutrition, and Health (FSNH) major seeking credit for major-related internships.
* Students engaging in undergraduate research with a FSNH faculty member should instead apply for credit through [NUTR 499](https://foodsystems.uw.edu/undergraduate/foodsystems/experiential-learning/research/).
* Please **fill out this application in its entirety**, then submit it to ugnutr@uw.edu.
* Deadline
	+ The application submission deadline is the **first Friday of the quarter** in which you will be participating in the internship; early submission, however, is strongly recommended.
	+ International students who plan to apply for [Curricular Practical Training (CPT)](https://iss.washington.edu/f1-employment/off-campus-employment-f1/cpt/) should submit this application early – as soon as possible during [Period I](https://registrar.washington.edu/registration/periods/#cap) registration.
* Once approved by faculty, Student and Academic Servies will help you register for NUTR 495.
* You will work with the NUTR 495 instructor to determine your assignments and grading.

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| **Personal Information** |
| **Quarter/year:** | Click or tap here to enter text. | **Student #:** | Click or tap here to enter text. |
| **Legal Last Name:** | Click or tap here to enter text. | **Legal First Name:** | Click or tap here to enter text. |
| **Preferred Name:** | Click or tap here to enter text. |
| **UW Email:** | Click or tap here to enter text. | **Phone:** | Click or tap here to enter text. |

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| **Project Details** |
| **Organization Name:** | Click or tap here to enter text. |
| **Internship Title:** | Click or tap here to enter text. |
| **Internship Location:** | Click or tap here to enter text. |
| **Supervisor Name:** | Click or tap here to enter text. |
| **Supervisor Email:** | Click or tap here to enter text. | **Supervisor Phone:** | Click or tap here to enter text. |
| **# of Hours/Week at Site:** *(at least 3 hours/week for each credit you plan to earn)* | Click or tap here to enter text. | **# of Credits to be Earned (1-5):** | Click or tap here to enter text. |
| **Position is:** |  [ ]  Paid [ ]  Unpaid |

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| **Reflection Statement** |
| In about 300-500 words, reflect on the following prompts:* What goals do you have for this internship experience?
* How does this experience connect to your major?
* Describe the tasks you will be doing as part of your internship.
* What food systems and/or nutrition and health competencies will be advanced by this experience? *(Visit our website for the* [*FSNH major learning objectives/competencies*](http://foodsystems.uw.edu/major_competencies/%29)*.)*
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| Click or tap here to enter text. |