FSNH RESEARCH LEARNING CONTRACT

**NUTR 499: Undergraduate Research (1-5, max. 10)**

# For Students

Undergraduate Research in food systems and nutritional sciences allows undergraduate students to engage in research projects under the supervision of Food Systems, Nutrition, and Health Program (FSNH) faculty. Students typically organize their own research experience through relationships they develop with faculty and should have projects in mind when they approach faculty members to ask for mentorship.

Please examine the following guidelines carefully to ensure NUTR 499 is a good match for your goals:

1. This course is meant for students who desire research experience toward a specific academic goal.
2. NUTR 499 is offered only as Credit/No Credit.
3. This course is offered for variable credit (1-5) during a single quarter. You may take a maximum of 10 credits of NUTR 499 over the course of your study at UW.
4. It is your responsibility to maintain a copy of the learning contract until the grade for the course is posted, if not longer.

### Please check each box below to confirm:

I understand that no more than 5 credits combined of internship, study abroad, service learning, and

research credits may be applied towards the upper division electives requirement for the Food Systems,

Nutrition, and Health major or Nutrition minor. If I would like to apply my NUTR 499 credits towards these 5

permitted credits, it is my responsibility to email [ugnutr@uw.edu](mailto:ugnutr@uw.edu) after registering for NUTR 499 to request this update in my degree audit (DARS).

I give FSNH my permission to share my name, research project title, and project description on the

[FSNH Student Projects webpage](https://foodsystems.uw.edu/research/student-projects/).

# For Faculty

Faculty members are under no obligation to take on projects with students and indeed should not do so unless they feel they can be enthusiastic and available for the project. Below are guidelines to help you assess the student’s Undergraduate Research proposal:

1. Credit hours for the work should be assigned based on 1 credit per 3 hours of work per week (30 hours for the quarter). For example, if a 5-credit undergraduate research proposal counts for 5 credits of upper-division credit, it should have the same scope and be the same amount of work as a traditional 5‐credit lecture course.

2. Graduate students, whether acting as TAs, RAs, or instructors, may help mentor – but are not allowed to assign the grade for – undergraduate research credits under any circumstances.

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| **Personal Information** | | | | | | | |
| **Quarter/year:** | | Click or tap here to enter text. | | **Student #:** | | Click or tap here to enter text. | |
| **Legal Last Name:** | | | Click or tap here to enter text. | **Legal First Name:** | | | Click or tap here to enter text. |
| **Preferred Name:** | | | Click or tap here to enter text. | | | | |
| **UW Email:** | Click or tap here to enter text. | | | **Phone:** | Click or tap here to enter text. | | |

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| --- | --- | --- | --- |
| **Project information** | | | |
| **Faculty Mentor:** | Click or tap here to enter text. | | |
| **# of credit hours proposed:** | | Click or tap here to enter text. | |
| **Undergraduate research title:** | | | Click or tap here to enter text. |
| **Explain your research topic.**  Click or tap here to enter text. | | | |
| **Explain why this topic is of interest to you:**  Click or tap here to enter text. | | | |
| **How will participating in this research experience contribute to a specific academic goal?**  Click or tap here to enter text. | | | |
| **How do you expect your involvement in this research to contribute to the creation of new knowledge?**  Click or tap here to enter text. | | | |
| **What research methods/techniques do you plan to use?**  Click or tap here to enter text. | | | |
| **In what way(s) will you demonstrate your learning from your involvement with this study?**  Click or tap here to enter text. | | | |

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| **Signatures** | | | |
| We have read the guidelines and agree to the learning contract as outlined above. | | | |
| **Student Signature:** | Click or tap here to enter text. | **Date:** | Click or tap to enter a date. |
| **Faculty Signature:** | Click or tap here to enter text. | **Date:** | Click or tap to enter a date. |

### *Please email your completed and signed form to* [*ugnutr@uw.edu*](mailto:ugnutr@uw.edu) *for NUTR 499 registration.*