

**FOOD SYSTEMS, NUTRITION & HEALTH MAJOR
 SAMPLE COURSE PLAN**

This sample 4-year plan provides a framework for you to reference as you create your own academic plan.

YEAR 1

AUT	WIN	SPR	SUM
**NUTR 200 - 5 NSc	ENGL 131 - 5 C	BIOL 118 - 5 NSc	
A&H - 5	Breadth - 5	DIVERSITY - 5	
AOI - 5	SSc - 5	AOI - 5	
15	15	15	

YEAR 2

AUT	WIN	SPR	SUM
CHEM 120 - 5 NSc	BIOST 310 - 4 RSN	ECON 200 - 5 SSc	
WRITING - 5	Breadth - 5	ELECTIVE - 5	
AOI - 5	SSc - 5	NSc - 5	
APPLY TO MAJOR	SEMINAR - 1		
15	15	15	

YEAR 3

AUT	WIN	SPR	SUM
**NUTR 302 - 5 SSc/NSc	NUTR 202 - 5 RSN/NSc	**NUTR 303 - 5 SSc/NSc	
A&H - 5	AOI - 5	AOI - 5	
ELECTIVE - 5	ELECTIVE - 5	MAJOR ELECTIVE - 5	
15	15	15	

YEAR 4

AUT	WIN	SPR	SUM
**NUTR 402 - 5	**NUTR 412 - 5 SSc, W	**NUTR 493 - 6	
MAJOR ELECTIVE - 5	MAJOR ELECTIVE - 5	MAJOR ELECTIVE - 5	
ELECTIVE - 5	ELECTIVE - 5	ELECTIVE - 4	
15	15	15	

In addition to major requirements, students complete general education, basic skills, and areas of inquiry for the School of Public Health. These 84 credits may overlap with major requirements.

General Education & Basic Skills

Composition (C), with a minimum 2.0 *5 credits*
 Additional Writing (W) *10 credits*
 Reasoning RSN *4-5 credits*
 Diversity DIV *3 credits*
 Foreign Language *None**

Areas of Inquiry (AOI)

Arts & Humanities A&H *10 credits*
 Social Sciences SSc *10 credits*
 Natural Science NSc *20 credits*
 Additional AOI *25 credits*

* SPH students may use first-year language courses for A&H if they complete the third-quarter course.

** Core -all Food Systems majors must take these courses