

WINTER 2026 FSNH MAJOR INTERDISCIPLINARY BREADTH

FOOD SYSTEMS, NUTRITION, AND HEALTH MAJOR Interdisciplinary Breadth Requirements

5 credits of Economics. Choose from:

- ECON 200 Introduction to Microeconomics (5)
- FISH 230 Economics of Fisheries and Oceans (5)
- ESRM 235 Introduction to Environmental Economics (5)

10 credits from courses that represent the breadth of areas that influence food systems. Choose from:

- ACCTG 219 Essentials of Accounting (4)
- AES 150 In-Justice for All: Intersection of Race, Ethnicity, Class, and Gender in the United States (5)
- AES 151 Identities, Cultures, and Power Across American Ethnic Groups (5)
- ANTH 210 Intro to Environmental Anthropology (5)
- ANTH 215 Introduction to Medical Anthropology and Global Health (5)
- ANTH/AES/ENVIR 211 Environmental Justice (5)
- ATM S 100 Climate, Justice, and Energy Solutions (5)
- ATM S 101 Understanding and Predicting the Weather (5)
- ATM S 111 Global Warming: Understanding Issues (5)
- ATM S 211 Climate and Climate Change (5)
- B E 220 Cities, Health, & Well-Being (3)
- CEP 200 Introduction to Community and Environmental Planning (5)
- COM 220 Introduction to Public Speaking (5)
- COM 234 Public Debate (5)
- COM 289 Communication, Power, and Difference (5)
- CSE 142 Computer Programming I (4)
- CSE 143 Computer Programming II* (5)
- ECON 201 Introduction to Macroeconomics* (5)
- ENV H 111 Exploring Environment and Health Connections (3)
- ENVIR 100 Introduction to Environmental Studies (5)
- ENVIR 239 Sustainability: Personal Choices, Broad Impacts (5)
- ENVIR 240 The Urban Farm (5)
- ENVIR 280 Natural History of the Puget Sound Region (5)
- EPI 221 Maternal and Child Health-a Population Health Approach (5)
- ESRM 100 Introduction to Environmental Science (5)
- ESRM 210 Introductory Soils (5)
- ESS 101 Introduction to Geology & Societal Impacts (5)
- GEOG 123 Introduction to Globalization (5)
- GEOG 208 Geography of the World Economy: Regional Fortunes and the Rise of Global Markets (5)
- GEOG 271 Geography of Food and Eating (5)
- GEOG 272 Geographies of Environmental Justice (5)
- GEOG 280 Introduction to the Geography of Health and Healthcare (5)
- G H 101/JSIS B/GEOG 180 Introduction to Global Health: Disparities, Determinants, Policies, and Outcomes (5)
- G H/ENV H 220 Global Environmental Change and Public Health (3)

- GWSS 244 Indigenous Feminisms (5)
- HSERV 100 Personal and Public Health (3)
- HSERV 204 Communicating about Health: Current Issues and Perspectives (3)
- HSTAA/ENVIR 221 US Environmental History: Ecology, Culture, Justice (5)
- HSTAA 231 Race and American History (5)
- HSTCMP 247 Global Health Histories: Colonial Medicine, Public Health, International Health in the Global South (5)
- NMETH 210 Science, Evidence and Health: Mastering Health Information and Personal Health Technologies (4/5)
- NURS 211 Power, Oppression, and Social Justice in Health and Healthcare (5)
- NURS 215 Disaster Management, Risk Reduction and Health (5)
- NUTR 141 Introduction to Foods (5)
- NUTR 241 Culinary Nutrition Science (5)
- NUTR 341 Exploration of Multisensory Dining* (3)
- OCEAN 101 Oceanography of PNW (5)
- OCEAN 102 The Changing Oceans (5)
- PHIL/ETHICS/POL S 207 Issues of Global Justice (5)
- PHIL/ENVIR 243 Environmental Ethics (5)
- POL S 202 Introduction to American Politics (5)
- POL S 204 Introduction to Comparative Politics (5)
- POL S/HSTCMP 249/SOC 266 Introduction to Labor Studies (5)
- PUBPOL 201 Introduction to Public Policy and Governance (5)
- SMEA/ENVIR/JSIS B 103 Society and the Oceans (5)
- SMEA/ENVIR 201 Climate Governance: How Individuals, Communities, NGOs, Firms, and Governments Can Solve the Climate Crisis (5)
- SOC 110 Survey of Sociology (5)
- SOC 230 Introduction to Racial and Ethnic Health Disparities in the United States (5)
- URBDP 200: Introduction to Urbanization: Planning and Designing Alternative Urban Futures (5)

*Course has one or more prerequisites.