

STEPS TO GRADUATION

Below you will find information to help you complete the steps necessary to graduate with your MPH or MS from the Food Systems, Nutrition, and Health Program (FSNH). ***Please read through this document thoroughly and keep it close by as a resource during your last year in the master's program.***

Culminating Project Documentation

MPH and MS students are required to complete a culminating project (MPH: integrative learning experience, or ILE) that demonstrates the synthesis of foundational and concentration competencies.

MPH Students

- In consultation with your capstone instructor or thesis chair, select at least one foundational competency (Appendix A of the [Culminating Project Form](#)) and one concentration-specific competency (Appendix B) appropriate to your project and professional goals.
- Log the two competencies in SPH's [ILE portal](#) (**NOT** on the Culminating Project Form) at the beginning of the project and evaluate your attainment of these competencies at the end. Your instructor or chair will also evaluate your competency attainment via the portal.
- Student and Academic Services will track your project completion through the portal as part of your steps to graduation.

MS Students

- In consultation with your capstone instructor or thesis chair, select one concentration-specific competency (Appendix C of the [Culminating Project Form](#)) and develop another competency appropriate to your educational and professional goals.
- Identify the competencies on the linked form above and, at the end of the quarter, report your progress meeting these goals via a written summary submitted to your instructor or chair. They will also evaluate competency attainment as documented on the form.
- Submit completed materials to Student and Academic Services at gradnutr@uw.edu for tracking as part of your steps to graduation.

Culminating Project Presentation and Submission

Capstone

You will present your capstone as part of the NUTR 596 course experience. Your instructor will submit your presentation date, time, and a final PDF copy of your capstone report to gradnutr@uw.edu for your student record. After the quarter, you may be asked to confirm or provide additional project details.

Thesis

There are several steps required to schedule your thesis presentation (or "defense") in addition to any other arrangements you make with your committee. Please review the [FSNH Thesis Manual](#) for additional information.

Scheduling and publicizing your thesis presentation

- ❑ Schedule your thesis presentation. Work with your committee as early in the quarter as possible to arrange for a mutually acceptable date/time and location (in person and/or via Zoom). One hour is usually sufficient for the defense, although you will want to leave extra time for set-up/preparation at the beginning and questions at the end, as well as time for your committee to discuss and vote. Please contact gradnutr@uw.edu for help with in-person room reservations.

- ❑ At least three (3) weeks prior to your presentation, send your thesis title and the date/time/location of your defense to gradnutr@uw.edu. It is FSNH practice to prepare and distribute a defense announcement to the Program community two (2) weeks before your presentation. Please inform Student and Academic Services if you would rather your presentation not be publicized.

Formatting your thesis

- ❑ Confirm that your thesis has the correct formatting required by the UW Graduate School and ProQuest: [UW Graduate School Thesis/Dissertation website](#).

Completing and submitting the required paperwork

- ❑ Make sure your committee chair and members have signed the [Master's Supervisory Committee Approval Form](#) to document they have examined and approved the final copy of your thesis.
- ❑ Submit a scanned copy (PDF) of your signed Master's Supervisory Committee Approval Form to the [UW ETD Administrator Site](#) no later than 11:59:59 p.m. PST on the last day of the quarter you plan to graduate.

Submitting your thesis

- ❑ Following the instructions on the [UW Graduate School Thesis/Dissertation website](#), submit your thesis on the [UW ETD Administrator Site](#) no later than 11:59:59 p.m. PST on the last day of the quarter you plan to graduate. If you submit your thesis after the deadline, you will graduate the following quarter and must register for two (2) credits or pay the \$250 Graduate Registration Waiver Fee.
 - The Graduate Registration Waiver Fee ([criteria and instructions](#)) allows you to submit your thesis up to 14 days after the end of the quarter ([review specific deadlines](#)) without registering for additional credits; your degree, however, will still post the next quarter. Please notify gradnutr@uw.edu if/when you decide to pursue a Graduate Registration Waiver.
 - You may finish and present your thesis prior to your graduation quarter; however, the UW Graduate School requests you wait until your quarter of graduation to submit the file.

Graduation Checklist

The quarter before you plan to graduate

- ❑ Review your degree audit in MyUW. Please send any questions to gradnutr@uw.edu.

The quarter you plan to graduate

- ❑ You must be registered for at least two (2) credits in the quarter you plan to graduate.
- ❑ Review the Graduate School's [Graduation Requirements](#), paying close attention to dates and deadlines.
- ❑ Submit your [Master's Degree Request](#) (graduation application) in MyGrad.
 - MPH: select "Master of Public Health (Public Health Nutrition)"
 - MS: select "Master of Science (Nutritional Sciences)"

You can apply for your degree beginning the first day of the quarter you plan to graduate. **Apply as soon as possible to allow time to resolve any problems.**

- ❑ **Thesis students:** Submit a scanned copy (PDF) of your signed Master's Supervisory Committee Approval Form to gradnutr@uw.edu as soon as you've secured your committee's signatures and no later than the day grades are posted the quarter you plan to graduate (see the [Academic Calendar](#) for dates) so Student and Academic Services can recommend you for graduation.

Please contact us at gradnutr@uw.edu if you have questions or need assistance.