

Winter 2026 Seminar

Global Nutrition Challenges and Opportunities

Fridays 12:30-1:20 p.m. | Instructor: Adam Drewnowski



REGISTRATION INFO

JAN

9 **Global nutrition trends: Will plant based diets save the planet?**

Adam Drewnowski, professor of epidemiology; core faculty in the Food Systems, Nutrition, and Health program; director of Center for Public Health Nutrition, UW

16 **Modeling diet quality in the Mexican National Study on Nutrition and Health**

Alfonso Mendoza Velázquez, Center for Economic Studies (CIE), Universidad Popular Autónoma del Estado de Puebla (UPAEP), Puebla, Mexico

23 **A framework for food distribution systems in Low and Middle Income Countries (LMIC)**

Food Systems, Food and Markets Department, Natural Resources Institute, University of Greenwich, United Kingdom (remote-live)

30 **Ensuring the sustainability of the food supply: global industry perspectives**

Karen Cooper, Nestlé Research Center, Lausanne, Switzerland (remote-live)

FEB

6 **Global iodine network and nutrition interventions in low and middle-income countries (LMIC)**

Jonathan Gorstein, Senior Program Officer, Bill & Melinda Gates Foundation

13 **Enviro-nutritional impact of foods to inform LMIC policy making**

Flaminia Ortenzi, Senior Technical Specialist, Global Alliance for Improved Nutrition (GAIN), Geneva, Switzerland (remote-live)

20 **Interventions to address hidden hunger and micronutrient malnutrition**

Leonie Vierck, Senior Program Officer, Bill & Melinda Gates Foundation

27 **Building nutritious food systems in Africa and Asia**

Shelly Sundberg, Acting Deputy Director, Nutritious Food Systems & Women's Empowerment, Agricultural Development, Bill & Melinda Gates Foundation

MAR

6 **Preventing and controlling obesity in the WHO European Region**

Julianne Williams, Technical Officer WHO Europe Office, Copenhagen, Denmark (remote-live)

13 **Course summary: The advent of processed and ultra-processed foods**

Adam Drewnowski, professor of epidemiology; core faculty in the Food Systems, Nutrition, and Health program; director of Center for Public Health Nutrition, UW